

CURRICULUM VITAE

Stanley J. Antolak, Jr., M.D.

PRESENT POSITION:

Center for Urologic and Pelvic Pain
8650 Hudson Blvd. Suite 325
Lake Elmo, MN 55042
Founder and Director

IMMEDIATE PAST POSITIONS:

Senior Associate Consultant
Department of Urology
Mayo Clinic
Rochester, Minnesota
August 1998 to June 30, 2003

Consultant in Urology
Mayo Health System
Owatonna Clinic
Owatonna, MN
January 2001 to June 2002

EDUCATION:

University of Minnesota
-B.A. 1959
-B.S. 1960
-M.D. 1962

Internship, Rotating
Philadelphia General Hospital
1962-1963

Resident, General Surgery,
Kingsbridge Veterans Hospital
Bronx, New York
1963-1964

Resident, General Surgery
Minneapolis Veterans Hospital
Minneapolis, MN
July-October 1964

Resident, Urology
Minneapolis Veterans Hospital

Minneapolis, MN
July 1965-June 1968

Clinical preceptorship in Pudendal Neuralgia
Hotel Dieux, Nantes, France
March 2000
July 2000

BOARD CERTIFICATION:

American Board of Urology – 17 Feb 1971
SPEX - 1995 - #000006847

MEDICAL LICENSURE:

Minnesota State Medical License #16329

AWARDS:

Thirlby Award 1974. North Central Section American Urologic Association. Best paper by a practicing urologist. "Male Infertility; A Five Year Review"

"Top Doctors", Minneapolis Saint Paul Magazine January 1994

Ambassador Award, HealthEast Foundation

**PREVIOUS FACULTY
APPOINTMENTS:**

Associate Clinical Professor of Urology
University of Minnesota
Associate Clinical Professor of Family Practice
University of Minnesota
Lecturer, Preceptor, Bethesda Family Practice Program
University of Minnesota
Lecturer, Preceptor, St. John's Family Practice Program
University of Minnesota
Associate Clinical Professor of Urology
Mayo Medical School Rochester, Minnesota

**PREVIOUS PROFESSIONAL POSITIONS
AND MAJOR APPOINTMENTS:**

Payne Avenue Medical Clinic
January to June 1965 (Family Practice)
Saint Paul Urology
July 1, 1968 to March 1, 1995

(Merged 1994: Metropolitan Urologic Specialists)

Carl T. Hayden Veterans Administration Medical Center
Urology Section, Surgery Department(112F)
March 14, 1995 to November 9,1996

Watertown Urology
Watertown, SD
December 1996 to July 1998

PAST AND PRESENT

PROFESSIONAL MEMBERSHIPS:

American Fertility and Sterility Society
American Medical Association
American Society of Andrology
American Urological Association
International Pelvic Pain Society
International Society of Andrology
Minnesota State Medical Association
Minnesota Urologic Association
North Central Section of the American Urological Association, Inc.
Ramsey County Medical Society
St. Paul Surgical Society
Society for Pediatric Urology

OFFICES:

Chair, Surgical Committee, Bethesda Hospital, St. Paul, MN
Chair, Public Relations Committee, Ramsey County Medical Society
Editor, contributing columnist, "Doctors' House Call", St. Paul Pioneer Press
Chair, Quality Assurance Committee, Bethesda Hospital, St. Paul, MN
President of Medical Staff, Member Board of Trustees, Bethesda Hospital, St. Paul, MN
President, Minnesota Urologic Society
Vice Chair, Surgery Committee, St. John's Hospital, St. Paul, MN

PROFESSIONAL ACTIVITIES

Instructor, Joint Commission on Accreditation of Hospitals, Quality Assurance Program
Consultant to Nebraska Blue Cross and Blue Shield: Lincoln and Kearny, Nebraska
Instructor, Auality and Utilization Review; Estes Park Conference,

Estes Park, Colorado
Member, Board of Trustees, Minnesota Medical Association
A.M.A. Alternate Delegate, East Metro District
Board of Directors, Midwest Medical Insurance Company
Claims Committee, Midwest Medical Insurance Company
Urologic consultant to Disciplinary Committee, State Board Medical
Practice
HealthEast Laboratory Appropriateness Commottee, St. Joseph's
Hospital
H.I.V. Task Force State Board Medical Practice
Medical Liability Committee, Minnesota Medical Association
Urology Representative, Guideline development, Male Infertility,
Institute for Clinical Systems Integration, Minneapolis, Minnesota

PRESENTATIONS TO PROFESSIONAL SOCIETIES:

Category III Prostatitis: Changing the Paradigm—The role of Pudendal Nerve Entrapment. Antolak, Jr., Stanley J., Third International Chronic Prostatitis Network. Washington, DC. October 23, 2000.

Chronic Perineal Pain Due to Pudendal Nerve Entrapment; Anatomy, Pathophysiology, and Technique of CT-guided nerve block. Wittenberg, KH; Hough, DM; King, BF; Pawlina, W; Antolak, SJ. [Poster] (Society of Uroradiology, Scottsdale, AZ) March 22-28.

Anatomical Approach to Perineural Injections for Pudendal Nerve Entrapment Syndrome. Pawlina, W; Antolak, SJ; Maus, TP; Hough, DM; King, BF. South Africa. July 2001

Urogenital Pain Due to Pudendal Nerve Entrapment: Using the Chronic Prostatitis Symptom Index to Monitor Sequential Treatment Methods. World Congress of Pain. Antolak, SJ. Istanbul, Turkey. June 28, 2001.

Perineal Hyperprotection: I. A successful self-care program for category IIIB “Chronic Prostatitis” the chronic pelvic pain syndrome. Stanley J. Antolak, Jr., M.D. North Central Section of the American Urological Association. September 2002.

Perineal hyperprotection: II. Improvement in NIH Chronic prostatitis symptom index voiding domain using a self-care, noninvasive treatment. Stanley J. Antolak, Jr., M.D. North Central Section of the American Urological Association. September 2002.

Perineal Suspension: A test of, and treatment for “prostatitis-like” symptoms of pudendal neuralgia, also known as NIH Category IIB non-inflammatory prostatitis/chronic pelvic pain syndrome. Antolak, Stanley, Hough, David and Pawlina, Wojciech. Western Section of the American Urological Association. Kauaii, Hawaii. October 2002.

Noninflammatory chronic pelvic pain syndrome: Defining the symptoms using therapeutic injections of the pudendal nerve. Antolak SJ, Hough D, King BF, Maus T, Vrtiska T and Pawlina W. Western Section of the American Urological Association. Kauai, Hawaii. October 2002.

Defining Chronic Pelvic Pain as a Compression Mononeuropathy. Antolak SJ. International Society of Pelvic Neuromodulation. Phoenix, Arizona. January 2003.

Pelvic Pain/Pudendal Neuralgia. Antolak, S.J. Minnesota Urological Society, Edina, Minnesota. March 2003.

Pudendal Neuralgia. Antolak, SJ. International Pelvic Pain Society. Banff, Canada August 2003

Pudendal Neuralgia: Epidemiologic Evidence of Causation.. Antolak, SJ. (invited) International Society for pelvic Neuromodulation. Torrey Pines, CA. January 2004.

SPEAKER—DEPARTMENT OF UROLOGY:

Pain Clinic, Mayo Clinic, Rochester, MN

Colorectal Service, Mayo Clinic, Rochester, MN

Sports Medicine, Mayo Clinic, Rochester, MN

Internal Medicine at Saint Johns Hospital, Saint Paul, MN

Peter Bent Brigham Hospital, Boston, MA

Metropolitan Colorectal Surgeons, Saint Paul, MN

Blanchard Valley Hospital, Findlay, OH

PUBLICATIONS:

UROLOGIC EVALUATION OF HEMATURIA OCCURRING DURING ANTICOAGULANT THERAPY. Antolak, Jr., Stanley J., and Mellinger, George T. Journal of Urology 101:111, 1969

INFARCT OF THE PROSTATE CAUSING PYOHYDRONEPHROSIS. Antolak, Jr., Stanley J., Minnesota Medicine 52:591, 1969

FEMALE HYPOSPADIAS. Antolak, Jr., Stanley J., Smith, John P., and Doolittle, Kenneth H., Journal of Urology, Vol. 102, 1969

INTERSTITIAL CYSTITIS IN CHILDREN. Geist, Robert W., and Antolak, Stanley J. Jr., Journal of Urology, 104:922, 1970

THE CLINICAL IMPORTANCE OF BLADDER CAPACITY IN CHILDREN. Geist, Robert W., Antolak, Jr., Stanley J., and Richardson, Edward J., Minnesota Medicine 55:100, 1972

THE CLINICAL PROBLEMS OF CHILDREN HAVING STERILE URETERAL REFLUX (A Report on 44 cases). Geist, Robert W., Antolak, Jr., Stanley J., Journal of Urology 108:343, 1972

PILOT EVALUATION OF VENLAFAXINE FOR THE TREATMENT OF HOT FLASHES IN MEN UNDERGOING ANDROGEN ABLATION THERAPY FOR PROSTATE CANCER. (Review) (15 refs) Quella, SK, Loprinzi, CL, Sloan, J, Novotny, P., Perez, EA; Burch, PA, Antolak, SJ, Jr., Pisansky, TM. Journal of Urology, 162(1): 98-102, July 1999.

CHRONIC PELVIC PAIN SYNDROME AFTER BRACHYTHERAPY FOR CARCINOMA OF THE PROSTATE. Antolak, SJ, Hough D., Pawlina W. Journal of Urology. 167 (6):2525, June 2002.

ANATOMICAL BASIS OF CHRONIC PELVIC PAIN SYNDROME; THE ISCHIAL SPINE AND PUDENDAL NERVE ENTRAPMENT. Antolak, SJ, Hough DM., Pawlina W. Medical Hypothesis, 59 (3):349-353, September 2002.

CHRONIC PERINEAL PAIN DUE TO PUDENDAL NERVE ENTRAPMENT: ANATOMY, PATHOPHYSIOLOGY, AND TECHNIQUE FOR CT-GUIDED PERINEURAL INJECTION. Hough, DM, Wittenberg KH, Pawlina W, Maus TP, King, BF, Vrtiska TJ, Farrell MA, ANTOLAK SJ. AJR 186:561-567, 2003.

LETTER TO EDITOR RE: Acupuncture ameliorates symptoms in men with chronic prostatitis/chronic pelvic pain syndrome. Urology 61:1156-1159, 2003. (in press)

LETTER TO EDITOR RE: Sacral Neuromodulation for the symptomatic treatment of Refractory Interstitial Cystitis: A prospective study. Journal of Urology 169(4):1369-1373, 2003. Published in Journal of Urology 170:1956, 2003.

COMMUNITY ACTIVITIES:

Member; Open-School Committee, St. Paul Public Schools

Member; Lake Owasso Environmental Advisory Committee

Chair; Fund appeal for Lake Wappogasset Bible Camp

Captain; United Way Campaign, Medical Section

Member; Social Concerns Committee, Prince of Peach Church, Roseville, Minnesota

Lecturer/Presenter; RESOLVE of Minnesota, Annual Meetings, Seminars, Workshops

Member; Stewardship Committee, King of Kings Church, Woodbury, Minnesota

Co-Chair; Capital Fund Appeal, King of Kings Church

Volunteer Teacher Woodbury Senior High School; Health Classes (Sexually Transmitted Diseases)

Volunteer; Festival of Trees, HealthEast Foundation, St. Paul, Minnesota

SPEAKER—DEPARTMENT OF UROLOGY/UROLOGIC SPECIALTIES:

Pain Clinic, Mayo Clinic, Rochester, MN

Colorectal Service, Mayo Clinic, Rochester, MN

Sports Medicine, Mayo Clinic, Rochester, MN

Internal Medicine at Saint Johns Hospital, Saint Paul, MN

Peter Bent Brigham Hospital, Boston, MA

Metropolitan Colorectal Surgeons, Saint Paul, MN

Blanchard Valley Hospital, Findlay, OH